

Northwest Ohio Mental Health Awareness Network

June, 2007

Welcome to the seventh **Annual Report of the Northwest Ohio Mental Health Awareness Network (NWOMHAN)**. Thank you for the years since 1994 that your agency/organization has designated a representative to the Network. One goal of our Network is to highlight and communicate our events and accomplishments from July 1, 2006 through June 30, 2007. These include:

- ? **National Depression Screening Day and events from September 29, 2006 – October 29, 2006.** A total of 121 individuals were screened at three locations, the University of Toledo (106), St. Michael's Wellness Fair (6) and Job and Family Services in Bowling Green, OH (9); 36 referrals were made to community agencies for follow-up assessment. One hundred fifty two individuals, who were not screened, received assistance and mental health materials at our booths at The Blade Disability Expo and Veterans PTSD Conference. Judith Wilkinson, UT Counseling Center, Christine Bohland, Zepf Center, Mary Diedrick, Behavioral Connections of Wood County, and Margaret Moran Dobson, UT Department of Psychiatry, served as NWOMHAN coordinators.
- ? **National Eating Disorders Awareness Week activities** from February 21, 2007-February 28, 2007. The theme was "Be comfortable in your genes". Activities included information tables in the UT Student Union and Savage Hall drawing 237 students who completed a body image quiz or nutrition quiz and were entered in prize drawings. Six drop-off sites were located across campus to collect jeans that were donated to the Battered Women's Shelter of the YWCA. The UT Counseling Center interns coordinated the efforts and the UT Social work Student Organization co-sponsored the event.
- ? **National Anxiety Disorders Screening and Awareness Day activities on May 4 – May 15, 2007.** A total of eighteen individuals were screened at The University of Toledo Student Union (6), Job and Family Services in Bowling Green, OH (3), and the 2007 Spring Fling Senior Citizen's Day (9). Three hundred and fifty individuals, who were not screened, received assistance and mental health materials at our booths. Judith Wilkinson, UT Counseling Center, Mary Deidrick, Behavioral Center, served as NWOMHAN coordinators.
- ? **Heart & Soul 2007: Caring for our Community**, an event to benefit Harbor Behavioral Healthcare and NAMI of Greater Toledo, participants.
- ? **DBSA of Ohio First Annual Conference**, "Taking Back Our Lives", participants.

New members of the NWOMHAN for 2007-2008 are Rescue Mental Health Services and Neighborhood Properties, Inc.

NWOMHAN officers for 2007-2008 are: Judy Wright, ProMedica Health System/Behavioral Medicine, Chair, and Carol Paul, NAMI of Greater Toledo, Treasurer.

Dr. Judith Wilkinson, Chair, on behalf of
The Northwest Ohio Mental Health Awareness Network Members